



## 2017 CONTENTS

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**Nanticoke Senior Center  
will be closed November  
23rd and 24th to celebrate  
the Thanksgiving Holiday.**

**BASKET  
BINGO**  
NOVEMBER 2ND  
Doors open at 6




Monday, November 13th, 4 to 10  
INVITATION Inside



### Bryan Clark

The place to be was Nanticoke Senior Center as Bryan Clark's sizzling new one man show delivered the excitement of a Las Vegas showroom with an electrifying vocal tribute to legendary performers whose songs were the soundtracks of our lives. Bryan communicates to his audience something that is apparent from the moment he appears on stage. His voice transcends and captivates all ages. For anyone who never had the opportunity to see their favorite performers during an era of genius in America popular music, Bryan Clark is a timeless reminder of the "Great Day and Legendary Nights" of the greatest entertainers in the world. We hope to have him back in 2018.

Indelible.

Incomparable.

Classic.

**Bryan Clark is  
scheduled to return  
to NSC on April 26,  
2018!!!**



Located at Hooper's Landing in Seaford, Nanticoke Senior Center is a life enhancement facility serving the seniors of Seaford and surrounding communities.

## Contact the Center

Main Office: 302-629-4939

Outreach: [outreach@nanticokeseniorcenter.com](mailto:outreach@nanticokeseniorcenter.com)

Programs & Trips: [prgrams@nanticokeseniorcenter.com](mailto:prgrams@nanticokeseniorcenter.com)

General Info.: [info@nanticokeseniorcenter.com](mailto:info@nanticokeseniorcenter.com)

Hours of Operation: 7am - 4pm (Monday – Friday)

# Membership

**Membership (50+): \$45/year per person**

**Associate Membership : \$55/per person**

The center is open to all without discrimination as to race, creed, gender, national origin, or sexual orientation. You may obtain a membership application at the front desk. Membership meetings are held every quarter.

## SPECIAL MEMBER SERVICES

### **Transportation:** (daily)

Please call the center before 8 a.m. to be added to each day's pick-up list.

### **Prescription Refills and Medical Appointments:**

Contact the front desk to make arrangements. 48 hours notice is required for appointments.

Nanticoke Senior Center is an EOE Employer

It is our pleasure to make available such things as: a fitness center, a growing homebound meal program, Blue Cross & Blue Shield, Legal Aid for eligible members, transportation to-and-from the center as well as for trips, activities support groups, holiday and social celebrations, driving courses, flu shots, free Wi-Fi, and more.

## HOMEBOUND MEALS

We deliver up to (7) nutritious meals a week. We deliver three days a week (Monday, Wednesday, and Friday) to eligible individuals who live within the Seaford zip code.

If you or someone you know is eligible for Nanticoke Senior Center's Homebound Meal Program, call us at 629-4939 or email at [outreach@nanticokeseniorcenter.com](mailto:outreach@nanticokeseniorcenter.com)

**We accept Medicaid & Private Insurance.**

## THE NANTICOKE CAFE



Breakfast snacks & Coffee are available  
7:30 - 10:30 am (daily) \$1.  
Lunch is served daily from  
11:30 a.m. to 12:30 p.m.

Join us in welcoming this month's new members:

James Adkins   Ann Bollinger   Deborah Brown   Dian Bush   Everett LeCates  
Stu Mackintosh   Mary Ann Milligan   Anthony Munzo   Betty Munzo   Rita Myers  
Debra Persinger   Romona Shreves   Barbara Tull   Daryl Tull   Carol Vickers  
Kenneth Vickers   Nancy Wilkerson

# Activities

(Any changes to regularly scheduled activities will be listed in the newsletter)

- ◇ **BIBLE STUDY GROUP:** Bible Study is Thurs. Nov. 2, 9, 16, 30 at 10:00 am.
- ◇ **BINGO:** Held most Mondays & Fridays 12:30 p.m. - Ballroom.
- ◇ **MEDICARE:** Tuesday November 14th at 10a.m. Arlene will be in the Cove to answer any questions concerning Medicare.
- ◇ **FITNESS CENTER:** Open 6:30 a.m. Monday - Friday.
- ◇ **GAMES & ACTIVITIES:** 10:00 a.m. Monday - Friday.
- ◇ **MEMBERS MEETING:** Next meeting is **Tues., Jan. 2nd** at 1pm, Multi-purpose room.
- ◇ **BEREAVEMENT GROUP:** 1st Tuesday of the month at 1:00 p.m. in the Cove.
- ◇ **LEGAL AID REPRESENTATIVE:** Wed. Nov. 1th at 10am in The Breezeway.
- ◇ **AARP SMART DRIVER PROGRAM:** Offering a course on Mon., Nov. 6th from 8:30 a.m. to 12:30 p.m. in the Fireplace Lounge. (**Refresher** Course) The class entitles the participant to additional discounts on insurance. The cost is **\$15** for AARP members and **\$20** for non-members. This price **DOES NOT** include coffee and Snacks. Pre-registration required.
- ◇ **PENINSULA HOME HEALTHCARE REPRESENTATIVE:**  
Providing blood pressure checks on Friday, Nov. 10th at 10 a.m. Walk in Welcome
- ◇ **BOARD OF DIRECTORS:** Meeting on Wednesday, Nov. 15th at 9:00 a.m. in the Fireside Lounge. All members may attend the regular meeting but must contact President Lora Schuler to be put on the agenda.
- ◇ **BLUE CROSS REPRESENTATIVE:** Friday, Nov. 17th at 10am, no appt. needed
- ◇ **VITAS HEALTHCARE PRESENTATION:** Mon., Nov. 6th at 10 a.m. in the Cove
- ◇ **VISITING ANGELS:** Friday, Dec. 1st at 10 a.m. in the Cove. Coffee and donuts
- ◇ **DANNY SHORT RETURNS:** For Coffee Club Wednesday, Nov. 1st at 8:00
- ◇ **COMPASSIONATE CARE HOSPICE:** Monday, Nov. 6th at 10:00 in the Breezeway

## Afternoon Delight

November 9th at 2:00

Members \$2, Nonmembers \$5



## Ladies Night Out

Shop-Mingle-Eat-Laugh-Drink

November 17th, 6pm to 8pm

Tickets; \$10 in advance & \$15 at the door

Come out and have fun with the Ladies and get a  
early start on Christmas Shopping.

Lularoe, Essential Oils, Cocoa Exchange & many more

# MERRY CHRISTMAS

Coming in December

Ocean City Winterfest of Lights  
December 19th  
You don't want to miss this event!!




DRESS WARMLY!!

Possum Point Players Presents



December 10th at 2 p.m.

Nanticoke Senior Center & Ovation Dinner Theatre  
Present



Comedy/Mystery Dinner Theatre

**"Dial 'S' for Santa"**  
Thursday, December 14  
6:30 PM

Admission: \$30 Per Person  
Includes show & 3-course meal

Reservations: 302-629-4939 or  
[www.nanticokeseniorcenter.com](http://www.nanticokeseniorcenter.com)



**St. Michaels Christmas House Tour**  
December 9th, you don't want to miss this event

join us for a  
**CHRISTMAS**  
party

December 7th

# Trip Highlights

## They're Back.... Mystery Tours

**Hop on the bus and follow us to an unknown place!!**  
**Includes games and prizes.**  
**Bring money for lunch.**  
**Hildegard Rieger will be your Certified Tour Guide**  
**November 16th**  
**Price for Members \$35**  
**Nonmembers \$45**

## Miracle of Christmas

**Sight & Sound, Lancaster PA**  
**Two amazing shows;**  
November 8th, show time at 11  
November 28, show time at 3  
Celebrate the season as the Christmas Story unfolds right before your eyes.  
Members \$70.00  
Nonmembers \$85.00  
We will be stopping for lunch or dinner according to what show you attend. See the At A Glance page for times and details.

## The Well Coffeehouse And Marketplace

Hoskessin, DE  
November 14th

Stop by and discover more than just a great cup of coffee or a yummy meal.

Then it's a stop at Dover Mall for a little shopping.

Members \$10  
Nonmembers \$20

**Longwood Gardens Christmas**  
You don't want to miss this special event. More than 50 trees, elegant garlands, crystal ornaments and more lights than you can count.

## OUTDOOR LIGHTS

Begin at 3:30

Open Air Fountain Shows run continuously throughout the evening.

So bundle up and step into  
**CHRISTMAS.**

November 30th, leaving at 10  
Members \$35.00  
Nonmembers \$45.00

## Second Street Player PRESENTS

**A Christmas Carol**  
**Sunday, November 26th**  
**Riverfront Theater**  
**Milford, DE**

Show time is at 3:00  
Will stop for dinner on the way home, bus drivers choose.  
Members \$27.00  
Nonmembers \$37.00

## Toby's Dinner Theater Miracle on 34th Street

Is a joyous, heartwarming musical, the perfect Holiday treat.  
Wednesday, November 29th  
Lunch buffet at 10:30  
Show starts at 12:30  
Members \$65.00  
Nonmembers \$75.00

Adding more local trips around town upon your request!!  
Please see "At A Glance Page"  
For dates and times!!

## ACTIVITY LEVELS:

The following activity levels will be assigned to trips to help you decide which trips are suitable to your walking capacity.

### EASY (E)

-minimal walking  
-primarily flat surfaces

### MODERATE (M)

-leisurely walking  
-primarily even surfaces  
-some standing  
-possibly a few stairs.

### DIFFICULT (D)

-extended periods of walking  
-even and uneven surfaces  
-some inclines  
-may be steps  
-extended periods of standing

## Trip Parking

*If you are attending a trip with NSC, please plan to park your vehicle in the far end of the parking lot for the day so that the spaces closer to the building are available for those members visiting the center that day.*

*Thank you!*

**For more info.**  
**Contact -**  
**Nanticoke**  
**Senior Center**  
**302.629.4939**

# Nanticoke Senior Centers Presents; Niagara Falls with Patti Bradley



NSC passengers boarded a motor coach bus for Niagara Falls, NY and Niagara Falls, Ontario, Canada on Monday, September 18th. Located on the United States border with Canada, the American Falls are 110 feet high and the Canadian Horseshoe is 188 feet; during the evening the beauty of the falls continues in a display of colored lights playing over the water. We were able to cruise on the Hornblower Cruise [formerly the Maid of the Mist], sightseeing boat which travels near the falls. We toured Dundurn Castle, a 40-room Italianate-style villa built in the 1830's, once home in Sir Allen Napier MacNab, railmagnate, lawyer and premier of the United Canadas. They strolled "Niagara-on-the-Lake" and sampled wine at Kolzelmann. Our passengers had a memorable adventure.

## COMING THIS FALL ON THE BIG SCREEN

- 11/6 Libeled Lady (1936) Greta Garbo, Myma Loy & Spencer Tracy
- 11/13 The Best Years of Our Lives (1947). Myra Loy & Fred March
- 11/20 Ninotchka (1939) Greta Garbo, Melvyn Douglas & Ina Claire
- 11/27 The Man Who Knew to Much (1956) Doris Day & James Stewart
- 12/4 Desk Set (1957) Katharine Hepburn & Spencer Tracy
- 12/11 The Bishops Wife (1946) Loretta Young & Cary Grant
- 12/18 It's a Wonderful Life (1946) James Stewart & Donna Reed

## WELCOME HOME



# Wellness

## EXERCISE CLASSES

Instructor, Mary Lynn Huberty

**\*\*Please note the dates for November\*\***

**Monday, 6, 13, 20, 27**

**Wednesday, 1, 8, 15, 22, 29**

**Friday, 3, 10, 17**

**Select Either:**

**STRETCH & MOVE:** This class will meet: 8:30 a.m. on the above dates.

This 60-minute class will emphasize stretching, cardio-vascular exercise, and strength training using resistance bands and fun music. Each class requires a \$4 NSC fitness ticket.

**GENTLE EXERCISE:** This class will meet: 9:45 a.m. on the above dates.

This 45-minute class will include stretching, light resistance, and gentle exercises.

Each class requires a \$3 NSC fitness ticket.

**Nonmembers will be charged \$10 per class**

Nanticoke Senior Center would like to thank Sean McKeon, Director of Communications & Community Relations and Paul Downes, President of Mountaire Farms located in Millsboro, DE for their generous donation. We would also like to thank Mountaire Farms for Partnering with NSC.



Donations taken in for the fitness room during the month of September were \$105.00

## CODE PURPLE

**Starting November 1st through December 15th there will be a box placed in the front office for drop off, for all items listed below. As the box fills, all proceeds will be taken to Mt. Olivet Church and disbursed to local churches in the Sussex County area. All items will be used to help men, women and children as needed.**

Cans of food with pop-tops, individually wrapped snacks, crackers, dried fruit, pop-tarts, cereal, oatmeal bars, snack bags of chips and crackers, drink flavor packets, fruit cups, applesauce, pudding, small bottles of juice, teas and juice boxes.

Socks!! (new in package) travel size baby powder, foot powder and deodorant.

Razors, washcloths, hand towels, gloves, underwear and t-shirts.

**Any item will be deeply Appreciated. Thank you!!**

Don't miss Ken Hesterberg book signing here at NSC on November 7th, immediately following Novembers Birthday Celebration.

“The World of Water and Yesterdays, Other Days and Holidays

Enjoy them for yourself or buy them for others as a Holiday gift.

Books are priced at \$10, with \$3.50 of each book sold, gifted to NSC for services to our members.

# FOR YOU

## LINE DANCING

Pat McDowell, Instructor  
November 2, 3, 9, 10  
and 16th



Cost per session:  
**\$2-members**  
**\$4-nonmembers**

### Intermediate Level 2 - 4pm

Fun and exercise all rolled into one.  
Just sign up at the front desk  
and come on out and have  
a boot scoot in' good time.

You must register  
at the front desk.

(Sorry, NO WALK-INS)

look for details on future beginner classes

## Visiting Angels

Living Assistance Services

We are America's Choice in Home Care

### SUPPORT RESOURCE

Come by and hear what they  
have to say, ask questions and  
get the answers you need and the  
peace of mind you deserve.

December 1st

Nanticoke Senior Center

10:00 a.m.

Coffee and Donuts

## AARP SMART DRIVER PROGRAM:

2017 Schedule:

Only two classes remain for 2017

Nov 6 - Refresher

Dec 5 - Basic

All classes begin at 8:30 a.m.  
and run until 12:30 p.m.

The class entitles the participant  
to additional discounts on insurance.  
The cost is **\$15** for AARP members  
and **\$20** for non-members.

This price **DOES NOT** include  
coffee and snacks, which can be  
purchased separately from the center  
during class breaks.

### Nanticoke Senior Center Staff:

Director of Operations

**Fran Todd**

Kitchen and      Program Administrative      Outreach  
Events Manager      Assistant      Specialist

**Donna Bennett**      **Brenda Givens**      **Bobbi Jo Tice**

Kitchen Assistants      Outreach Assistant

**Kelly Baker**

**Sarah Mann**

**Virginia Smith**

Receptionists

**Brenda Holbrook**

**Betty Pozsgay**

Transportation

**Lee Williams**

**Ted Mariner**

**Margaret Parks**

**Gene Logan**

Building Specialists

**Ed Gibson**

**Paul West**

**Dale Stafford**

**Vance Quailles**

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**Kerry Hall**

**Office Manager ~ Patti Bradley**



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**FOR INFORMATION CALL  
302-629-3034**



## BOARD OF DIRECTORS

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PRESIDENT

**Amy Higgins**  
FIRST VICE PRESIDENT

**Jennifer Southard**  
SECOND VICE PRESIDENT

**Nancy Dorman**  
SECRETARY

**Ed Gibson**  
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<b>Jim Bowden</b>	<b>Denise Dickerson Tull</b>
<b>Linda Fleetwood</b>	<b>Gene Grantz</b>
<b>Paula Gunson</b>	<b>Karen Hearn</b>
<b>Lori Lee</b>	<b>Harry McIlvain</b>
<b>Linda Mueller</b>	<b>Phyllis Parker</b>
<b>Norman Poole</b>	<b>John Rittenhouse</b>
<b>Ben Sirman</b>	<b>Jane Webb</b>
<b>JC Willin</b>	

**Honorary: Frances Fisher    Travis Kouts**



**Dave Layton**

[Beachballs.com](http://Beachballs.com)  
[Dataobsessions.com](http://Dataobsessions.com)

**NOW recruiting volunteers for  
Homebound Meal Delivery Drivers.**  
Call the center at 302.629.4939 & Speak to Bobbi Jo!



Lets Celebrate!!

# Birthday Lunch

Tuesday, November 7th  
Featuring Great Entertainment  
By Everett Spells at 10:30 a.m.



**RSVP REQUIRED EVENT**

*You must reserve your seat by*

**Friday November 3rd**

**You MUST pay at the time of  
Registration for the event.**

**PLUS:**

**MENU**

Stuffed Chicken Breast  
with broccoli & cheese  
Au Gratin Potatoes  
Steamed Veggies

The cost is \$7 for members  
And \$10 for non-members.  
DOORS OPEN AT 10:15 A.M.  
No Regular Café Service on this DAY

Thanksgiving Dinner, November 21st at 10:30

Members \$10 and Nonmembers \$15.

MENU: Turkey, Dressing, Sweet Potato Fluff, Green Beans,  
Cranberry Sauce and Assorted Pie

**This event requires pre-registration by Friday, November 17th**



State of Delaware

CERTIFICATE OF RECOGNITION

*Awarded to*

**Nanticoke Senior Center**

*For Outstanding Employer  
Senior Community Service Employment Program*

2016-2017

*Weaver A. Annotte*  
Grant Administrator

*Dana Neuman*  
Director, DSAAPD

First State  
Community Action Recognizes  
Nanticoke Senior Center  
For Outstanding Employer  
Senior Community Service  
Employment Program  
2016—2017

This award was received by;  
Bobbi Jo Tice



# NSC Sends Out Warm Wishes For A Wonderful **November** Birthday

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p style="color: red; margin: 0;">Have we MISSED your Birthday???</p> <p style="color: red; margin: 0;">If so please let us know!!!</p>			<p>1</p> <p>George Collinson Melissa Cooper Starr Kulikauski Melinda Thompson</p>	<p>2</p> <p>Dolly Borders John Copeland, Jr. Emma Crovetto Bill Gullede Janet Messick</p>	<p>3</p> <p>Rose Marie Hart Madeline Lloyd Waddia Rafail</p>	<p>4</p> <p>Michael Bercse John Conner</p>
<p>5</p> <p>William Beiser Jerry Chapman Bette Foskey Margaret Robbins</p>	<p>6</p> <p>Eugene Burris Donna Chappell Janice Gross Lois Ann Lecates</p>	<p>7</p> <p>Lydia DeRasmo Freddy Jalot</p>	<p>8</p> <p>Diana Engle Jack Johnson Jay Zappa</p>	<p>9</p> <p>Tamera Timmons Rose Vincent John Wright</p>	<p>10</p> <p>Freddie Foxwell Harry Walls</p>	<p>11</p> <p>Robert Clagg Janet Jones Everrett Lecates Adelaide Lohrey Edward Passwaters Rose Poole Kathy Williams</p>
<p>12</p> <p>Barry Calhoun Freddie Elliott</p>	<p>13</p> <p>Robert Henderson Lois Stevenson</p>	<p>14</p> <p>Catherine Caggiano Angie Collins Sandi Dew Jill Green Nancy Hickman Dale Linton</p>	<p>15</p> <p>Charlotte Hearne Madeline Rementer Ben Sirman John Tolodziecki</p>	<p>16</p> <p>Peggy Boyd June Frey Carol O'Day William Shipley JC Willin</p>	<p>17</p> <p>Susan McCoy Grace Peterson Wanda Thornton Elise Willey</p>	<p>18</p> <p>Mildred Lane Hollis Noel Howard Vanderslice Frances Williams</p>
<p>19</p> <p>Clayton Chaf-finch Joyce Higgins Holly MacCoy</p>	<p>20</p> <p>Gary Mathena Donna Moyer</p>	<p>21</p> <p>Joseph Collins James Paxson Carol Weber</p>	<p>22</p> <p>Galen Brosius Leon Collins Jean Crowder Edward Drummond</p>	<p>23</p> <p>William Atkinson Anthony Corum Doris Dayton Leroy James Jim Long</p>	<p>24</p> <p>William Drylie Doris Farace Lee Schuh</p>	<p>25</p> <p>Martha Robins Marvin Shorter Norma Lee Temple Gladys Wetherhold</p>
<p>26</p> <p>Connie Lyons Dorothy Myers</p>	<p>27</p> <p>Grace Beiser Joseph Rafail</p>	<p>28</p> <p>Vickie Cartwright Rod Fry Charlotte Graham Roy Lare Sandy Morgan Leonard Pajula</p>	<p>29</p> <p>Franklin Caudill Michael Flaherty Linda Kenton Lois Sipple</p>	<p>30</p>		

Nanticoke Senior Center  
1001 West Locust Street  
P. O. Box 406  
Seaford, DE 19973

Non-Profit Organization  
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